



Syria-Antigonish Families Embrace

Month 13 Checklist

Name of Sponsored Family	
Sponsor/Constituent Group	
Contact Person	
Phone number	
E-mail address	
Date	

Month 13 Checklist

Health

- Q Is the newcomer registered with a family doctor?
- Q Have you provided the newcomers with relevant information on vaccinations?
- Q Do the newcomers need counselling or any other mental health support? If so, have you made the appropriate referrals or provided them with the relevant information on how to access these services?
- Q Do the newcomers have any remaining medical needs that need to be addressed? If so, have you made a referral or provided them with the relevant information on how to access the necessary services?
- Q Do the newcomers know how to contact emergency services in cases of emergency?
- Q Do the newcomers know how to navigate the medical system?
- Q Do the newcomers require any dental care?
- Q Do the newcomers understand that their benefits through the Interim Federal Health Program (IFHP) will end after month 12?
- Q Do the newcomers know what they are entitled to through their provincial health insurance?

English Language Classes

- Q Do the newcomers wish to continue with EAL classes?
- Q Would the newcomers like to engage in any further or advanced EAL classes?
- Q Do the newcomers know how to access EAL classes if they need them at a later date?

Education

1* adapted from the *Best Practices for Monitoring Resource Kit*, Refugee Sponsorship Training Program (RSTP), April 2019.

- Q Are there any children that are now old enough enrolled in school?
- Q If the newcomers have moved or will move, have you assisted them to enroll their children in school?
- Q Do the newcomers wish to pursue further studies? If so, have you provided them with the relevant information on courses and institutions?
- Q Are the newcomers aware of the various vocational programs and academic courses they are able to access?
- Q Are there any specific educational needs that need to be addressed as the sponsorship period comes to an end?
- Q Do the newcomers need your support to find volunteer opportunities in their field?

Employment

- Q Are the newcomers employed? If not, what can be done before the end of the sponsorship period to assist them with finding employment or self-employment?
- Q Are the newcomers aware of any relevant bridging courses and vocational training opportunities?
- Q Are the newcomers aware of Canadian professional licensing requirements for their profession or vocation?
- Q Are newcomers aware of their rights as an employee, or their responsibilities as an employer?
- Q If newcomers are working or will work in the future, do they know how to arrange for child care?
- Q Do the newcomers know how and where to access employment support services? In Antigonish, newcomers can access some services through Nova Scotia Works.

Housing

- Q Are the newcomers eligible for subsidized housing or the Nova Scotia Rent Supplement Program? Do they know how to access it?

Social Assistance

- Q If the newcomers are not working, do they know how and where to apply for income assistance? This must be done before month 13 to ensure they can pay month 13 rent.
- Q If the newcomers are applying for income assistance, they are eligible to apply 30 days after their final payment from SAFE.

Support Services

2* adapted from the *Best Practices for Monitoring Resource Kit*, Refugee Sponsorship Training Program (RSTP), April 2019.

Q Do the newcomers know how and where to access immigrant support services? In Antigonish, support services are available through the Antigonish Women’s Resource Centre.

Q Do the newcomers know how and when to file their income taxes?

Comments:

Name of Primary Family Contact	
Address	
Phone	
Email	